



CAMS
SUMMER 2009 OUTING

Mohonk Mountain House
New Paltz, NY
Sunday, June 28, 2009



We will be returning to the beautiful *Mohonk Mountain House* for the 2009 CAMS summer outing. The following activities will be available to you, your family and friends: *Barn Museum, greenhouse and biking, horse shoes, lawn bowling, platform tennis, basketball, volleyball, croquet, and 18 hole putting green (all free).* For an additional charge, the following activities will also be available: *row boats or canoes (\$10 per boat), carriage rides (\$10 pp), golf (9 holes @ \$24 and 18 holes @ \$29 pp), and tennis (\$14 per hour).* Sorry, *swimming is for hotel guests only.*

We will be serving an excellent BBQ buffet lunch, and there will be a room assigned to us for use the entire day.

THE COST: The event is graciously being sponsored by Healthfirst. Free to CAMS Members and their immediate family members. For Friends of CAMS Members there is a charge of \$25 per Adult, \$12 per Child over age 4.

DIRECTIONS:

BY CAR: Take the New York Thru Way to Exit 18 (New Paltz). Turn left onto Route 299 through New Paltz and over the Wallkill River Bridge. Take the first right turn after the bridge. After approximately 1/4 mile, bear left at the fork to Mountain Rest Road. Continue up the mountain for about 4 miles to the Mohonk Gatehouse.

BY BUS: CAMS will hire 2 buses, one to leave Chinatown in front of Holiday Inn and the other to leave Flushing in front of Sheraton Hotel. Buses will leave at 9 AM. **There is a \$10 charge per adult and \$5 per child over the age of 4 to ride on the bus for both CAMS and Non-CAMS Members.**

PLEASE REGISTER ASAP. THERE IS A 200 GUEST LIMIT.

Registration is on a first come first serve basis. Payment must be received with registration.

Please complete the form send your payment, made out to CAMS to: 41 Elizabeth Street, #403 New York, N.Y. 10013

Name: _____

Address: _____

No. of Adults in Party: _____ Names: _____

No of Children: _____ Names and Ages: _____

No. to board Chinatown Bus: _____ Flushing: _____

TOTAL AMOUNT ENCLOSED: _____