Dear CAMS Members,

Since the beginning of this pandemic Asian and Pacific Islander Americans have been threatened not only by the COVID-19 virus, but also hatred, racism and xenophobia. Verbal and physical attacks on people of Asian descent have been on the rise with accusations for creating the pandemic and spreading this virus. Asian business owners have been threatened with violence or have been the victims of violence. Some patients have refused medical care from Asian practitioners, who have had to endure a barrage of anti-Asian sentiments and verbal abuse from patients. Some Asian American physicians have received death threats. Politicians and the media using terms such as “the Chinese virus” and “Kung Flu” do not help our community in any way. This is unacceptable.

The number of reported anti-Asian Pacific American harassment in New York City has increased sevenfold, but underreporting is still an issue. Reporting hate crimes is important to help officials understand the magnitude of the issue and make effective changes to better address the problem.

If you or someone you know has been a victim of a hate crime or witnessed what you believe to be a hate crime call 911 or report it to your local police precinct. Submitting reports to your regional FBI office and State Attorney General’s office is also encouraged.
From the President (continued)

Hate Crimes can also be reported to community organizations that are keeping records on hate crimes against Asian Pacific Americans.
- Asian Americans Advancing Justice records hate crimes and hate/bias incidents in English, Chinese, Korean, and Vietnamese.
- OCA-Asian Pacific American Advocates records hate crimes and hate/bias incidents in English.
- The website stopaapihate.org keeps track of hate crimes across the United States.

New York City—If you have been the victim of harassment or discrimination in housing, work or in a public place based on your race, national origin, age, immigration status, disability, sexual orientation, gender identity, or other protected classes under the NYC Human Rights Law Call 311 and say “human rights”. You can also call the New York City Commission on Human Rights directly at (212) 416-0197 or you can submit a report online https://www1.nyc.gov/site/cchr/about/report-discrimination.page

CAMS condemns Anti-Asian attacks. We cannot stay silent on this issue, and we must all work together if we want to overcome racism.

Sincerely,
Yick Moon Lee, MD

Recent CAMS Seminars Related to Racism

4/1/2021    CAMS Seminar: How to Counter Asian-American Bias and Hate, presented by Eunice Lee (NYC OPHC) & Flora Ferng (NYC CCHR)
5/8/2021    CAMS Social Committee Presents: Physical Techniques & Safety Strategies, presented by The Center for Anti-violence Education (CAE)

Editor’s Note
Victor Chang, Publications Committee

The Newsletter was compiled and edited by Dr. Hsueh-Hwa Wang for many years. Highlights of this issue include the CAMS statement on racism from President Yick Moon Lee, MD, our scientific meeting, a robust research section, lung cancer screening, and news from the Federation of Chinese American and Chinese Canadian Societies. Volunteers are welcome to join and contribute to features such as news, opinions, articles, letters, and new features.
2020 Scientific Meeting
Benjamin Lee, MD and Cynthia X. Pan, MD
Program Committee

The 2020 Annual Scientific Meeting was co-hosted by CAMS and the FCMS. It represented the first fully virtual scientific meeting in the history of our societies. An in-person meeting on “communication” had been originally planned but due to the global pandemic, our planning committee moved from complete cancellation to a thoughtful decision to create a virtual program that would help educate and address the ongoing crisis.

The meeting was entitled “The COVID-19 Pandemic – Insights from Far and Near” and was held over a two-day period spanning November 7 & 8, 2020. The first day of our conference was highlighted by Dr. Howard Zucker, who gave the CAMS keynote address with a presentation entitled “New York State vs. COVID-19: What We Learned from the Pandemic.” The first day included wonderful topical presentations that focused on COVID-19 management updates as well as the scientific and pathophysiological aspects of COVID-19. Finally, there was a much-needed discussion on palliative care and COVID-19 and the day concluded with a solemn time for remembrance and thanksgiving for the lives that had been lost and for all those who had served.

The second day of the meeting started with a welcome address from Andrew Yang and then continued with a global epidemic panel discussion covering the Canada, the US, and Wuhan. Dr. Vivian Lee gave a thought provoking keynote address “Lessons from the Long Fix: COVID-19 and Beyond.” The day concluded with an important discussion on well-being, the future of COVID-19, and the potential impact of vaccinations. As our first fully virtual multi-media conference, the meeting was a huge success and was well attended and received. Participants were also able to claim CME and MOC credits.

We are actively planning the 2021 Annual Scientific Meeting, titled “Looking Back, Looking Forward: Preparing for the Post-Pandemic World.” This meeting will focus partially on topics pertinent to the current COVID-19 crisis and will cover broader topics such as racism, leadership, and public health policy. The 2021 Annual Scientific Meeting will be a fully virtual 2 day conference and we are anticipating a wonderful group of guest speakers.

For more information: [https://camsociety.org/SciCAMS](https://camsociety.org/SciCAMS)
2021 Annual Scientific Conference Call for Abstracts

RULES FOR ABSTRACT SUBMISSION FORMAT

Please use the Abstract Template (see CAMS website). Please only submit your abstract as a Microsoft Word Document.

- Each abstract should begin with the title in CAPS, followed by the name(s), author(s), affiliation, and address with zip code.
- The body of the abstract should be in a single paragraph, typed single space. Please provide an extra space between each subject heading.
- Font: Please use at least a 12-point type. Font Type should be Times New Roman. The entire abstract, including title, authors, affiliation, and text should fit onto an 8.5” (width) x 11” (height) space.
- Do not use other fonts or formats.
- Page Margins should be as follows: Top Margin: 1”, Bottom Margin: 1”, Left Margin: 1” & Right Margin 1”.
  Please do not use a text box or a border.
- The text should be divided into Background, Methods, Results, and Conclusions.
- Each abstract should include Content Categories. Content Categories include epidemiology, clinical science (trials), patient care, basic and translational science. Content categories should be listed at the end of the abstract.
- Each abstract should be submitted with up to 5 key words.
- All abstracts should be 300 words or less.
- If applicable a copy of your IRB approval letter should be included with your submission.

Deadline and Mailing:

- The completed abstract must be sent by email with a MSWORD attachment to Mrs. Jamie Love at jlove@camsociety.org by 11:59 PM Eastern Daylight Savings Time on September 15, 2021.
- Abstracts will be considered by the committee for one of the following types of presentation: Oral presentation or Poster presentation. Abstracts will be reviewed by the Program Committee and the first author will be notified by October 1, 2021. You will be notified of your presentation type at this time. Please provide a contact phone number and email address for the first author.
- If accepted, the Program Committee may make constructive edits to your abstract as needed and send the abstract back for your approval. This is to help less experienced abstract authors.
- Abstracts and correspondence should be sent to: jlove@camsociety.org

All posters and PowerPoint slides for oral presentations will need to be submitted as a PDF file by 11:59 PM EST on October 15, 2021. All pre-recorded oral presentation videos will need to be submitted by 11:59 PM on October 20, 2021.

Student Poster & Oral Presentation Competition:

- Two abstracts for poster presentation submitted by medical students or medical residents will be chosen by the Research & Scholarship Committees for Awards. The first abstract chosen will be rewarded with prize of $300, and the second prize with prize of $200.
- First authors of the 4 highest ranked medical student/resident submitted abstracts will be asked to give an oral presentation during the CAMS Annual Scientific Conference on Sunday November 7, 2021. Oral presentation videos will need to be submitted by 11:59 PM on October 20, 2021.
- Abstracts selected for oral presentation will not be eligible for the Poster Competition. The award for the student or resident with the best oral presentation will be the grand prize of $500.
Research Committee
Wenhui Li, PhD and Yushia Lin, MD

Our Research Committee has been busy and thrives on the participation of many members at our research seminars and journal club. We welcome new members to our Research Committee, especially those who work in basic science and translational research.

- 2/2/2021 CAMS Research Seminar: *Lung Cancer in Asian Never Smokers: Exploring Screening in a High Risk Population*, presented by Elaine Shum, MD (see FANSS p. 6)

Research Papers by Members


Richard Lung and Jin Ji “Abdominoplasty with simultaneous liposuction” in Chinese Journal of Plastic Surgery, 中华整形外科杂志 2019, Vol 35(8). The authors discusses their experiences and technical preferences in the performance and management of complete/full abdominoplasty patients obtained over the past 40 years in private practice.

Research Panel

CAMS receives requests from researchers for ideas and comments from our members about their projects. If you would like to be notified of such requests, please send your email address to the CAMS office.
Ongoing Research Projects

New York Female Asian Nonsmoker Screening Study (FANSS)

Elaine Shum, MD, and Donna Shelley, MD, MPH. NYU Langone Medical Center

Lung cancer is the number one cause of cancer death in the United States and lung cancer is often associated with a smoking history. However, it is less well known that approximately 20% of lung cancer is diagnosed in non-smokers. In particular, Asian female nonsmokers appear to have higher incidences of lung cancer based on large studies done in Asia. Early detection of lung cancer at early stages through lung cancer screening provides the best chance of cure.

The New York Female Asian Nonsmoker Screening Study (FANSS) is a research study being conducted at NYU Perlmutter Cancer Center. It will evaluate the feasibility of performing low dose CT Chest (LDCT) scans paired with a blood-based assay to potentially early detect cancer. Women of Asian descent, ages 40-74 years old, never smokers or less than 100 cigarettes in their lifetime, and living in the New York metropolitan area, Long Island and Westchester will be invited. Eligible women will undergo free LDCT scans yearly for 3 years, have one tube of blood drawn yearly for 3 years, and be administered a questionnaire inquiring about medical history, family history and environmental exposures. The project is an IRB-approved protocol at NYU Langone Medical Center (#S20-00212) with principal investigator Dr. Elaine Shum. Members are encouraged to learn more about this project by emailing FANSS@nyulangone.org or by phone (212)731-6212.

Development of lung cancer screening survey questionnaire

YL Tan, NYU Center for Study of Asian American Health

The United States Preventive Services Task Force (USPSTF) changed the lung cancer screening recommendations in March 2021. The new recommendations are as follows:

Adults aged 50 to 80 years who have a 20 pack-year smoking history and currently smoke or have quit within the past 15 years:

- Screen for lung cancer with low-dose computed tomography (CT) every year.
- Stop screening once a person has not smoked for 15 years or has a health problem that limits life expectancy or the ability to have lung surgery.

The NYU Center for the Study of Asian American Health seeks to develop an educational and social media campaign to promote lung cancer screening in at-risk Chinese Americans. Completing this survey would help us design a culturally tailored educational campaign to increase lung cancer screening. This survey should take approximately 5 minutes to complete. No identifying information will be collected and your responses will remain confidential. Thank you very much for your participation!

Physician Survey Link: https://redcap.link/LuCAS
Ongoing Research Projects

Breast Cancer Screening in Immigrant Women

Dr. Lina Jandorf at the Mount Sinai Icahn School of Medicine is conducting a study to learn about the needs of Chinese immigrant women in accessing breast cancer screening. Eligible participants are either a) Chinese women 40 years or older who were born in China and can read and speak English, Cantonese and/or Mandarin, or b) a Chinese community leader or gatekeeper who can read and speak English, Cantonese or Mandarin. Interested eligible persons should speak with Carina Yuk Man Tang at (212) 824-7802, or email yukman.tang@mssm.edu

Diabetes Care Project

CARE (Chinese American Research and Education) Project
Dr. Lu Hu is an Assistant Professor at NYU Grossman School of Medicine. She is currently leading 2 NIH funded studies focusing on using WeChat to deliver culturally and linguistically tailored diabetes education videos to low-income Chinese immigrants with diabetes. The preliminary data from her pilot study demonstrated high acceptability and feasibility of the intervention and had a significant 0.6% reduction in HbA1c at 6-months follow up. Dr. Hu is seeking to recruit more Chinese immigrants with T2D and examine the efficacy of this CARE program in a randomized clinical trial. If you are interested in providing this virtual diabetes program to your patients, please feel free to call her at 347-380-2416 or email her at lu.hu@nyulgone.org.

Gilead Patient Education Project

Gilead is asking for your help in identifying patients who have been prescribed VEMLIDY (tenofovir) and may be willing to participate in educational initiatives sponsored by Gilead, aimed at providing support to patients diagnosed with chronic Hepatitis B.

Desired Individual Criteria:
• Diagnosed with chronic Hepatitis B
• Patient currently taking VEMLIDY (tenofovir)
• Interested in sharing their story about living with Hep B and experience taking VEMLIDY
• Bi-lingual (preferred)
• Based on Hep B prevalence, representative of Chinese, Vietnamese, Korean, Nigerian ethnicities
• Ability to travel, if needed
If you know of anyone who may fit the above criteria, please ask candidates to self-nominate by calling: 1-877-311-0783 or Email: taylor@mypatientstory.com
Common Misconceptions about Lung Cancer Screening

Jennifer C. Leng MD, MPH, Memorial Sloan Kettering Cancer Center

In the U.S. Chinese population, cancer is the leading cause of death, while heart disease remains the leading cause of death in the U.S. overall. Lung cancer is the leading cause of cancer death in the U.S. for both men and women. From 2000 to 2014, lung cancer deaths increased by 70% among Chinese New Yorkers, while it decreased 16.4% in New York City overall.

Screening for individuals at high risk has been shown to decrease lung cancer related mortality by finding the disease at an earlier stage when it is more likely to be curable. On March 9th, 2021, the United States Preventive Services Task Force (USPSTF) updated their 2013 recommendations for annual lung cancer screening (LCS) with low-dose computed tomography (LDCT) to include adults aged 50 to 80 years (previously 55-80 years) who have a 20 pack-year smoking history (previously 30 pack-years) and currently smoke or have quit within the past 15 years. National data show low screening uptake, with less than 6% of eligible individuals screened in 2015. The Chinese community is at particularly high risk for lung cancer, with a high prevalence of smoking, especially among foreign-born Chinese men. Further, many misconceptions related to LCS exist in the Chinese community. Myths include: former smokers are no longer at risk and do not need LCS, LCS is only for those with symptoms, LCS will expose patients to dangerous levels of radiation, and chest x-rays can be used to screen for lung cancer.

The Community Health Worker (CHW) Program for LCS at Memorial Sloan Kettering Cancer Center aims to facilitate LCS for Chinese taxi and livery drivers. Chinese drivers in New York City who smoke or smoked may be at exceptionally high risk for lung cancer due to the combined impact of tobacco use and air pollution exposure. Please reach out to Chloe Chan at chanc7@mskcc.org or 917-692-9569 if you have patients or know of community members who may be eligible and interested in participating in this program.

In Our Next Issue of the Newsletter

- Update on smoking cessation!

Looking Back, Looking Forward: Preparing for the Post-Pandemic World
News from the Federation of Chinese American and Chinese Canadian Medical Societies (FCMS)

- New Chairman—Welcome to Dr. Chi-Ming Chow, MD MSc FRCP FCSS
  Dr. Chow is attending staff cardiologist at St. Michael’s Hospital, Toronto, Ontario, Canada, and Professor of Medicine at the University of Toronto. Dr. Chow is President of the Chinese Canadian Medical Society (Ontario).

- Upcoming Federation Scientific Conference in Fall, 2022 will be held in San Francisco!

- ECFMG School Accreditation
  In 2010, ECFMG stated that effective in 2023, applicants for ECFMG Certification would be required to be a student or graduate of a medical school accredited by a World Federation Medical Education (WFME) recognized accrediting agency; but during the last ten years, of the 130 - 147 countries whose medical students apply for 21 ECFMG certification, only 23 countries have obtained WFME recognition status, and only 13 more have applied. An extension to 2024 has been given because of COVID 19. This could limit the number of International Medical Graduates who can take the ECFMG examination.

- National Council of Asian Pacific Islander Physicians (NCAPIP) Letter for Vaccine Equity sent in March 2021 (Highlights)
  ⇒ We demand equity in the allocation of resources to stop this pandemic by prioritizing those most disproportionately impacted.
  ⇒ There must be dedicated funding allocated for multilingual, culturally-specific education and outreach about COVID-19 vaccines to our Asian American, Native Hawaiian, and Pacific Islander communities.
  ⇒ Finally, all entities administering COVID-19 vaccines must collect and report disaggregated and granular Asian American, Native Hawaiian, Pacific Islander and other race, ethnicity, primary language, and other demographic data about individuals receiving the vaccines so that the data about COVID-19 vaccine distribution can be continuously analyzed and monitored for disparities in real-time, so that additional adjustments in prioritization and resources can be implemented. However, there must be strict protocols and public reassurances that such personal health information will not be shared with immigration and other law enforcement agencies.
  ⇒ Dr. Hans Yu received the Jefferson Award (founded by Jacqueline Kennedy) for his work with Asian American Medical Group on Covid vaccinations. (San Francisco) https://sanfrancisco.cbslocal.com/video/5539277-jefferson-award-dr-hans-yu/
  ⇒ Dr Nga Wan Wong, community physician, recipient of Lifetime Achievement Award (Los Angeles).
  ⇒ North American Chinatown Smoke Free Day - watch for upcoming announcements!
Wellness Committee
Cynthia X. Pan, MD and James Tsai, MD

Third Annual: Prescription for Long Life Conference Series
Jointly Provided by Charles B. Wang Community Health Center, Chinese American Medical Society, Coalition for Asian-American IPA, Inc., Healthfirst and Maimonides Medical Center

Sep 20, 2020 The Psychological Benefits of Connecting with Arts and Humanities
Erica Hutchison, PhD

Oct 14, 2020 Technology in Health Care
Jing Shui and Alex Tang MBP, PAC

Nov 17, 2020 Six Pillars of Health
Gary E. Deng, MD PhD, Memorial Sloan Kettering Cancer Center

Mar 24, 2021 Alzheimer’s Disease and Behavioral Issues in Dementia
George Hennawi, MD, Medstar Good Samaritan Hospital

April 21, 2021 Benefits of Mindfulness and Breathing Techniques For Physicians and Patients recovering from COVID 19
Sarita Patel, MD, Kingsbrook Jewish Medical Center

May 10, 2021 Direct Care Workers and Vulnerable Populations
Robert Espinoza, MPA, PHI National

We look forward to the Fourth Annual Prescription for Long Life Series!

Upcoming Events

Event: Retirement Plans for Small Business Owners (A Virtual Event)
Date: September 15, 2021
Time: 7:00 PM ET
Presenter: Kevin Chau
Registration: Please check your email in the near future to register for this event!

Check for more upcoming event: https://camsociety.org/CAMSEvents
2021 Scholarship Announcements
Benjamin Lee, MD and James Tsai, MD

**Jeng Family Fund Scholarship**
Joanne Chan, MS1, Carle Illinois College of Medicine

**Tan Family Foundation Scholarship**
Kevin Chen, MS1, Warren Alpert Medical School of Brown University
Elaine Cheung MS1, California Northstate University College of Medicine
Nealie Ngo, MS3, University of Toledo College of Medicine & Life Sciences
Hannah Tang, MS1, Brown University
Manqi Wang, D2, Louisiana State University School of Dentistry
Tiffany Yu, MS2, Sidney Kimmel Medical College at Thomas Jefferson University

**Ruth Liu Memorial Scholarship**
Michelle Tran, MS3, Icahn School of Medicine at Mount Sinai

**CAMS Educational Fund**
Jinggang Ng, MS1, Perelman School of Medicine, University of Pennsylvania

CAMS was the recipient of a grant from the Tan Family Education Foundation in 2021 that allowed for 6 additional financial need scholarships to be awarded this year. We sincerely appreciate the generosity of the Tan Family and their continued support of the CAMS mission.

2021 Research Scholarship Announcements

Michael S. Chang, Harvard Medical School
*Examining disparities in melanoma outcomes among Asian American Veterans in the United States.*

Sandy Li, Howard University College of Medicine
*Incidence of Orofacial Cleft in Asian American Subgroups.*

Rachel R. Yang, Loyola University Chicago Stritch School of Medicine

Benjamin L. Shou, The Johns Hopkins University School of Medicine
*Characterization of coronary atherosclerotic plaques from ultra-high-resolution computed tomography angiography and its utility in assessing coronary artery disease.*
On the Firing Line with Chinese Philosophy
Victor Chang, MD

What is meant by the phrase Bao Yuan Yi De 報怨以德 (Laozi Dao De Jing Ch 63)?

Proposed translations—
- Requite malice with virtue; To return good for evil
- Respond to enmity with excellence

By contrast:

何以報德? 以直報怨, 以德報德 (Analects 14:34)
- Recompense injury with justice, and recompense kindness with kindness.

What Does It Mean to "Respond to Enmity with Excellence"? – Warp, Weft, and Way

For Asian Americans as a group, consider this comment by Professor Russell Jeong, San Francisco State University, founder of the stopaapihate website

Communities should also come together. Whether in multicultural areas like major cities or in more rural communities, Dr. Jeung recommended reaching out to national Asian American organizations for resources and support. Additionally, finding allies in the local community — such as faith-based organizations, advocacy or political groups, or other communities of color — is an opportunity to build better empathy and solidarity, he said. COVID-19 has revealed some of the inequities in society, with Black and Native communities experiencing higher fatality rates from the virus and Asian communities being scapegoated. “We’re all interconnected, we’re all susceptible”.


Public Relations Committee
Yick Moon Lee, MD and James Tsai, MD

On Friday April 16, 2021, CAMS and the National Medical Association met at New York Eye and Ear Infirmary Hospital, 1st Floor Board Room for a brief discussion about racism, with the primary focus on the recent increase on anti-Asian attacks. The National Medical Association is the largest and oldest national medical organization representing over 30,000 African American physicians in the United States. Dr. Yick Lee and Dr. James Tsai met with Dr. Daniel Laroche and discussed joining forces in future events, but more importantly helping each other fight against racism. The National Medical Association has issued a statement in their website condemning the Anti-Asian attacks NMA Statement on Decrying Hate Against the Asian American and Pacific Islander Community - National Medical Association (nmanet.org)

Statements by the American Medical Association, and the American Public Health Association

AMA statement on Georgia shootings, increasing anti-Asian violence | American Medical Association (ama-assn.org)
APHA mourns gun violence tragedy in Atlanta